Surviving the Sizzle Night Run 2 & 4-Miler

"If you think running a race in Mississippi in August is hard.....try Chemotherapy"

Come run or walk with us to help find a cure for blood cancer!

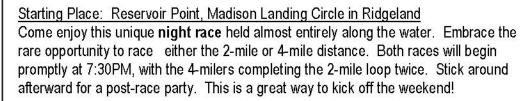
All proceeds will benefit:



Ridgeland, MS August 25, 2006, 7:30 PM, with 1-mile fun run at 7:00



- •\$20.00 for pre-registered runners
- •\$25.00 after 8/11/06 and on race day



All pre-registered participants will receive a **dri-fit** Nike T-shirt. Correct sizes cannot be guaranteed if not pre-registered! Packet pick-up will be at Fleet Feet from 4:30pm to 6:30pm on Thursday, August 24, 2006, or at the race site from 6pm to 7pm.

Corporate Teams: Team Registration fee is \$70 for the 4-mile race only. Team members must be full-time employees or retirees of the same company. Entries and fee must be submitted in a single envelope, and all teams MUST pre-register. Teams may have 3-5 members, but only the top 3 finishers for each team will be scored. Awards will go to top three teams!





Overall winners in the 2 and 4-miler will receive special prizes

- For the 2-mile run, 2-mile walk, and 4-mile run, medals will be given to first place in the following age groups: (19 & under, 20-24, 28-29, 30-34, 38-39, 40-44, 48-49, 50-84, 88-89, 60 & up)
- For the 1-mile fun run, medals will be given to first place in the following age groups: (6 & under, 7-10, 11-14, 15-18, 19 & up)
- Special door prizes will also be given!

Sponsored by:





For more information, email Heather Butler at butlerh@lls.org.

Mail or drop off entry			970 990	l know that running and are potentially hazardo
form and fee to:	Name			unless I am medically a by any decision of race
Leukemia & Lymphoma	Address			assist in this organizati
Society c/o Heather Butler	Addless			and/or volunteering to v contact with other parti and/or humidity, the co
405 Fontaine Place, Ste 103 Ridgeland, MS 39157	City, State, Zip			being known and appre facts and in considerati
magema, mo octor	Email			and for anyone entitled Club of America, MTC, all claims or liabilities o
Circle One: 1-mile 2	-mile walk	2-mile run	4-mile run	activities, even though the part of the persons
T-sh	irt size: S	M L	XL XLL	
Make checks				Signature
payable to LLS .	Sex		Age on race day	

I know that running and/or volunteering to work in Mississippi Track Club events are potentially hazardous activities. I should not enter and or run in MTC activities unless I am medically able and properly prepared and/or trained. I agree to abide by any decision of race/event officials relative to my ability to safely compete or assist in this organization's activities. I assume all risks associated with running and/or volunteering to work in MTC events including - but not limited to - falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the coarse, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my entry for racing, I, for myself and for anyone entitled to act on my behalf waive and release the Road Runners Club of America, MTC, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these MTC activities, even though the liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature Dat

Signature of parent or guardian if under 18 years of age.

Date