

Day in the Park 5K Run/Walk & Mile Kids Run

Hosted by the City of Morton, MS

Race Director Use Only

Assigned Racer Bib #

I am registering for the following event (circle one below):

5K Run 5K Walk Mile Kids Run

Name (First) _____ (Middle) _____ (Last) _____

Gender (male or female) _____

Address _____ Zip Code _____

City _____ State _____

Country _____ Email Address _____

Age on May 2, 2009 (race day) _____ **Must have parent/guardian signature if under age 18².**

Emergency Contact Name/Relation: _____

Emergency Contact Phone Number: _____

T-shirt Size (circle one) Small Medium Large X-Large

Registration Fee ¹	Registration
\$13/person	5K Run or 5K Walk (registered by May 1, 2009)
\$20/person	5K Run or 5K Walk (race day registration)
\$10/person	Mile Kids Run (registered by May 1, 2009)
\$15/person	Mile Kids Run (race day registration)

Signature² _____

Date _____

1. Mail pre-registration forms to James Caleb Hammons, 10 Estates Drive, Flowood, MS 39232 or call (478)542-3978 for more information. Pre-registration must be received by May 1, 2008. Race day registration is available. Race day registration begins at 6 a.m. The 5K Run/Walk starts at 8:00 am. Checks can be made payable to the City of Morton. On-line registration is available at <http://www.active.com/>. On-line registration ends at 10:00 pm on Friday, May 1, 2009.
2. Parent/guardian must sign for walkers and runner under 18 years old. I hereby certify that I am adequately trained and fit to participate in this event. In consideration of the acceptance of this entry, I, the over signed above, for myself, my personal representatives, beneficiaries, and heirs knowingly waive, release and forever discharge all rights and claims which I may hereafter accrue to me or my estate against the City of Morton, City of Morton representatives, the race directors, all other race coordinators, and other sponsors of this race and assigns for any and all injuries or death suffered by me in this event. I knowingly assume all risk involved in this event. I will allow my picture and comments to be used in telecast, publications, and related news as a result of this event.

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Race Registration (packet pick-up) Information

Race day registration will begin at 6:00 am at the North Morton Baptist Church next to the Morton Park. North Morton Baptist Church address is 713 Morris Tullos Drive, Morton, MS, 39117. Packets will be picked up at the North Morton Baptist Church. Mail pre-registration forms to James Caleb Hammons, 10 Estates Drive, Flowood, MS 39232 or call (478)542-3978 for more information. Pre-registration must be received by May 1, 2008. Race day registration is available. Race day registration begins at 6 a.m. On-line registration is available at <http://www.active.com/>. On-line registration ends at 10:00 pm on Friday, May 1, 2009. Checks should be made payable to the City of Morton. *The race will be closed when 250 participants are registered.*

Times

The 5K Run/Walk race will begin at 8:00 am. The Mile Kids Run starts immediately following the 5K Run/Walk. Awards start approximately 9:30 am. The City of Morton's *Day in the Park* begins at 9:00 am. Stay and enjoy the day!

Location

Race participants will be directed to the starting line. The race start and finish is located near in front of the North Morton Baptist Church.

Course Information

Mile markers will be posted and the course has rolling hills. The course is basically an "out and back". The course will begin in front of the North Morton Baptist Church. The course will head north toward Highway 13 on Morris Tullos Drive. The course turns around before Highway 13. The course will be clearly marked with paint and traffic cones. Morris Tullos Drive will be temporarily closed for this race. Morton police and local sheriff's officers will be handling traffic control.

Awards

Special awards will be given to recognize the overall male, female, male masters, female masters for the 5K Run/Walk and to the overall male and female for the Mile Kids Run. Age group awards will also be given to recognize the following age groups: 15 and under, 16-20, 21-26, 27-32, 33-40, 41-50, 51-60, and over 60. Awards will be given to the respective age group finisher based on place and time finished, regardless of the event entered (run or walk). Runners and walkers are competing against each other for age group awards. *Door prizes such as free meals, food, and promotional items will also be given away.*

Food and Hydration

Water stops will be at every mile. Food and water will also be available after the race for race participants.

Race Director Contact Information and Inquiries

James Caleb Hammons

jchammons@polkville.org

(478)542-3978