

# PICAYUNE'S PINEY WOODS 5K Run/Walk & 1 Mile Fun Run

## SATURDAY, OCTOBER 3, 2009

7 a.m. Registration/Packet Pick up

8:00 a.m. – 1 Mile Run/Walk; 8:30 a.m. – 5K Run/Walk

### LOCATION

Senior Center of South Pearl River County  
45 El Patch Pkwy, Picayune, MS 39466  
#601-798-9892 (Take I-59 to Exit 4)  
Behind Walmart & Kobe Grill restaurant

### COURSE

Accurately measured. Flat and fast.  
Winding Pine tree-lined, paved-road.

### ENTRY FEES

\$20.00 – All 5K Participants (and 13+ in 1 Mile)  
*Includes a T-shirt to first 200 Registrants*  
\$ 5.00 – 1 Mile Run/Walk aged 12 and under  
*Does not include a T-shirt*

### AFTER RACE "BASH"

Live Music; Fun Jump; Food;  
Refreshments; Gatorade; Water

### 5K COURSE MAP – Start / Finish at The Center

- 1) Begin on El Patch Pkwy & turn Left onto Frontage Rd
- 2) Left onto Runway Dr. & U-turn at Chevron's Mailbox
- 3) Right to Ridge/Frontage Rd.; Right to El Patch Pkwy.

### AVAILABLE RACE DAY PARKING

Crosby's Furniture Gallery, 124 Frontage Rd.

### 5K CASH AWARDS

- 1<sup>st</sup> Place Male and Female - \$100 each  
2<sup>nd</sup> Place Male and Female - \$50 each

### 5K MEDALLION AWARDS

- First 2 Overall Winners for Male & Female  
First 2 Finishers in each age category.

### AGE DIVISIONS

#### Male and Female

12 and under	
13 – 18	45 – 49
19 – 24	50 – 54
25 – 29	55 – 59
30 – 34	60 – 64
35 – 39	65 – 69
40 – 44	70 & over

### 1 MILE AWARDS

Medallions to Overall Male & Female Winners  
Ribbons given to all finishers in the 1 mile.

### LONGLEAF PINE SPONSORS



**Mississippi  
HomeCare**

**Haney Worldwide  
Energy Consultants**

Each runner must pass through the chute and completely fill out the tab (attached to race number) to receive an award.

### PICAYUNE'S PINEY WOODS 5K RUN/WALK & 1 MILE FUN RUN

Checks payable to: **The Senior Center** (45 El Patch Pkwy, Picayune MS 39466)

Name \_\_\_\_\_ Sex \_\_\_\_\_ Age on Race Day \_\_\_\_\_

Address \_\_\_\_\_

Email Address \_\_\_\_\_ Phone # \_\_\_\_\_ T-Shirt Size \_\_\_\_\_

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official to my ability to safely complete the run. I assume all the risks associated with running in this event including but not limited to falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf waive and release the Senior Center of Pearl River County, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event. I grant permission to all of the foregoing to use any photographs, motion picture recordings or any other record of this event for any legitimate purpose.

Signature (Parent or Guardian if under 18)

Date

Pre-registering by mail? - Must be postmarked no later than September 26, 2009