

Run with the "FOG"

5th Annual 5K/1 Mile Fun Run-Walk

The race will begin at **8:00am**, Saturday, **April 3rd, 2010** at the **LION'S Club Park**, on Hwy 42, in Sumrall, MS. The Race is sponsored by **First Baptist Church Sumrall Student Ministry**. All Proceeds will go toward the cost of Summer Camp.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home #: _____ Cell #: _____

5K 1 Mile

Age (Circle) Male/Female

T-Shirt Size (Circle) S M L XL XXL

***Official race T-Shirts will be guaranteed to all pre-registered runners/walkers and can be picked up the day of the race.**

ENTRY FEES:

Pre-registration: **\$12**

Pine Belt Pacers: **\$10**

***Due by March 22nd**

***Make Checks Payable to: FBC SUMRALL**

Day of Race: **\$15**

MAIL TO:

Richie or Anita Sumrall

1136 Hwy 44

Sumrall, MS 39482

601-758-3367

Assumption of Risk: Anyone who participates in First Baptist Church Sumrall Run with the FOG will be doing so at his or her own risk. First Baptist Church Sumrall and the Student Ministry are not liable for any accidents, injury, loss or damages to persons or personal property suffered by a participant while participating in the run/walk. All participants are encouraged to undergo a health evaluation and consult with their personal physician indicating fitness level appropriateness for strenuous activity prior to participating in this run/walk. I have read the above and understand the risks involved. By signing this waiver/release form, I am relinquishing First Baptist Church Sumrall from any liability thereof.

Signature: _____

Date: _____

Signature of Parent (if under 18): _____

Date: _____