

Marathon • Half-Marathon • 5-Person Relay • 1.2-mile Run
 January 9, 2011 • Mobile, Alabama



10th ANNIVERSARY  BankTrust™ First Light Marathon

BankTrust First Light Marathon

January 9, 2011 • Mobile, Alabama



MARATHON
 MOBILE • ALABAMA

Join us in Mobile, Alabama on January 9, 2011, as the BankTrust First Light Marathon winds through this exciting port city's historic neighborhoods. Coordinated by L'Arche Mobile Foundation, the event consists of a full marathon, a half marathon, a five-person relay and a 1.2 mile fun run for both runners and walkers.

10th ANNIVERSARY

Date: Sunday, January 9, 2011

Time: 7:30 a.m. Marathon/
 Half Marathon
 & 5-Person Relay

Registration Pickup:

Radisson Admiral Semmes
 Saturday, January 8

12 noon – 8:00 p.m.

Sunday, January 9

6:00 a.m. – 7:15 a.m.

Mail-in registration must be postmarked by December 31, 2010

(251) 476-8732 or (251) 438-2094

www.FirstLightMarathon.com



This beautiful point-to-point course is a USATF-certified 26.2-mile Boston Qualifier course. The half-marathon course is also USATF certified. Run beneath a canopy of moss-draped live oaks past stately Southern mansions as the course winds from downtown through the heart of historic Mobile. The course continues through midtown and scenic Spring Hill, then ends at Bienville Square.

www.FirstLightMarathon.com

Sponsored by BankTrust, member FDIC

download

Download detailed maps
 and registration forms at
www.FirstLightMarathon.com

L'Arche Mobile Foundation
 BankTrust First Light Marathon
 151 South Ann Street
 Mobile, AL 36604
 Address Service Requested

Nonprofit Org.
 US Postage
 PAID
 Mobile, AL
 Permit No. 62

RACE DETAILS

Registration Expo

Saturday, January 8, 2011

12 noon – 8:00 p.m.

Radisson Admiral Semmes Hotel
251 Government St.

Pre-race Pasta Party

Saturday, January 8, 2011

5:00 – 6:30 p.m.

Atrium of Government Plaza
(Next to Radisson Admiral Semmes)
Free to runners, guests \$5.00

Entertainment/ Course Support

Entertainers will perform for runners and walkers along the course and at the Post Race Gala. The volunteer committee will mobilize community members to operate water and aid stations and do lots of cheering along the route.

Rewards for Schools Program

L'Arche Mobile encourages children (18 and under) to participate in BankTrust First Light Marathon events. For each child who registers for one of the events, L'Arche Mobile will donate \$1 to the child's school. For each child who completes one of the events, L'Arche Mobile will donate \$2 to the child's school. Special awards will be presented to children who complete a marathon by walking/running 25 miles before January 8 and then completes the 1.2 mile run on January 9.

Perks

- Cotton T-shirt to all entrants
- Special room rate at Radisson Admiral Semmes
- Special car rental rates
- Concert
- Pre- and Post-race meals
- Finishers receive a medallion decorated by members of the L'Arche Mobile community
- Special rate on 10th Anniversary Tech Shirt.

Relay Event

Can't run a marathon? How about five miles? To organize a five-person relay team running/walking the marathon, please contact L'Arche for a Relay Roster form.

Requirements

The course is USATF/PRTC certified (Code AL 04011 JD) so runners should meet the following criteria:

- You must complete the course in seven hours or less (16 minutes per mile)
- You must be in good health
- You must have ID in order to get your race number (race numbers required to participate)
- The half-marathon course is also USATF certified (Code AL 08003 JD) and all rules apply.

Start Time

Sunday, 7:30 a.m.

The Marathon and Half-Marathon begin at the corner of Government and Claiborne streets at 7:30 a.m. The 1.2-mile fun run begins at 1:30 p.m.

Awards Ceremony

Sunday, 2:30 p.m.

Marathon and Half Marathon awards will be presented to the top 10 overall winners, top five winners in the categories — masters, grand masters, senior grandmasters, race walkers, and the top three winners in age groups beginning with 16 - 19 and every fifth year thereafter. Relay awards will be presented to the top three teams in the open, masters, grand masters, senior grand masters, organization, race walker, high school and grade school divisions. Each division includes male, female, and coed categories (grade school is limited to the coed category). We will be recognizing all participants who have competed in all 10 years of the marathon.



Support the Mission of L'ARCHE Mobile

Proceeds from this event will benefit L'Arche Mobile, a community where people with intellectual disabilities share life as a family. L'Arche creates homes which nurture faithful relationships based on forgiveness and celebration. Raise money for L'Arche through our sponsor program — free marathon entry and other exciting awards and benefits including free cruises. Contact L'Arche Mobile for information at (251) 476-8732 or (251) 438-2094.

Find out more about Mobile

You'll love our 300-year-old port city. Mobile Bay's unique attractions, exciting outdoor adventures, fresh delicious seafood, Delta excursions, fascinating museums, twenty-one world-class golf courses, white sandy beaches, and beautiful historic homes make the possibilities endless.

■ Mobile Bay Convention & Visitors Bureau: www.mobile.org

■ City of Mobile:
www.cityofmobile.org

Travel Arrangements

■ For air, car and hotel reservations, contact Steve Cape at Gocape Travel, 888-449-7447.

■ For Avis Rent-a-Car discount, call 800-331-1212 and ask for the BankTrust First Light Marathon rate.

■ For special marathon room rate, Radisson Admiral Semmes Hotel, 888-201-1718 or 251-432-8000.

BankTrust First Light Marathon - January 9, 2011

Please print clearly and fill in ALL the boxes.

Online registration available at MarathonGuide.com.

For additional information, call 251-438-2094 or 251-476-8732. Entry fees nonrefundable.

Last Name

First Name Middle Initial

Age on 1/9/2011 Female Male Date of Birth Zip Code -

Address APT#

City State

Country E-mail:

Home Phone - - Work Phone - -

Event *Check One Only*
 Marathon Half 1.2 Mile Relay (Relay teams must submit a team roster.)
 Team Name _____

Category *Check One Only*
 Runner/Walker Wheelchair Racewalker

T-Shirt *Check One Only* Included w/ Registration Fee (Shirt size guaranteed if received by 12/31/10)
 Youth Large Small Medium Large X-Large XX-Large

DRUG STATEMENT: Athletes who participate in this competition may be subject to formal drug testing in accordance with USA Track & Field regulation 10 and IAAF Rule 53. Athletes found positive for banned substances, or who refuse to be tested, will be disqualified from this event, and will lose eligibility for future competitions. SOME OVER-THE-COUNTER MEDICATIONS MAY CONTAIN BANNED SUBSTANCES.

RELEASE FORM: I know that running a road race is a potentially hazardous activity that might cause personal injury or even death. I attest and verify that I am medically able and properly trained to enter and to complete this event. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running in this event including, but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and conditions of the road/bridges, all such risks being known and appreciated by me. In consideration of the L'Arche Mobile Foundation (LMF), its sponsors, agents, servants, representatives, licensees, contractors, successors, and assigns organizing and conducting the First Light Marathon (Road Race) held on January 9, 2011, and allowing me to participate and run in said race, I hereby waive, release and discharge forever said LMF and its sponsors, agents, servants, representatives, licensees, contractors, successors, and assigns from any and all claims, demands, rights and causes of action of whatsoever kind and nature arising, directly or indirectly, from any and all known and unknown, foreseen and unforeseen, bodily and personal injury, damage to property, and the consequences thereof resulting from my running and/or participating said Road Race, and Covenant Not to Sue for any said injuries and/or damage. I understand all entries are final, with not refunds, and that the race organizers reserve the right in the event of an emergency or local or national disaster to cancel the race or to change the day and/or time of the event and that there is no refund of entry fees. I give permission for the use of name and/or picture for any broadcast, telecast or other account of this event. All forms must be signed - incomplete, unsigned forms will not be accepted.

Signature _____ Date _____

Parent(Guardian) _____ If under 18, the signature of parent/guardian is also required.

Please Mark Your Payment	Received by October 1, 2010	Received by December 31, 2010	Received After January 1, 2011	
Full Marathon	\$50 <input type="checkbox"/>	\$65 <input type="checkbox"/>	\$80 <input type="checkbox"/>	Please Enter your Total Payment Amount
Half Marathon	\$35 <input type="checkbox"/>	\$35 <input type="checkbox"/>	\$40 <input type="checkbox"/>	
5-Person Relay	\$125 <input type="checkbox"/>	\$130 <input type="checkbox"/>	\$135 <input type="checkbox"/>	
1.2 Mile Fun Run (Does not include meal) (over 18 add \$2 for 1.2 mile run)	\$8 <input type="checkbox"/>	\$10 <input type="checkbox"/>	\$12 <input type="checkbox"/>	

10th year Anniversary Race Tech Shirt – Short sleeve-\$10 Long sleeve-\$13
 Y Lrg Sml Med Lrg X-Lrg XX-Lrg

Fun Run Meal(s) _____ @ \$5 Each School Name _____

Would you like to receive the complimentary meals? (Please check your answer)

Pre-Race Meal Yes No Additional tickets: _____ @ \$5 each
 Post-Race Meal Yes No Additional tickets: _____ @ \$5 each

Enter totals in box at above right.

Make checks payable to: L'Arche Mobile Foundation

Mail application and fees to: L'Arche Mobile Foundation; First Light Marathon; 151 S. Ann Street; Mobile, AL 36604

Entry Fee	
Tech Shirt	
Extra Meal	
Fun Run Meal	
Total Payment	\$