

MILES FOR FALLEN HEROES

5K RUN/WALK and 1 MILE FUN RUN

Proceeds Benefiting



Saturday, March 27 at 8 A.M.

Run-N-Tri Company

9138 Carl Legett Road, Gulfport, MS 39503

Raffles: A variety of items will be available for giveaways through purchase of raffle tickets.

T-Shirts: T-shirts given to all registered participants. (Limited availability for those *not* pre-registering)

Race Information: The race will begin and end at Run-N-Tri Company. The race course will be through Brighton Place and Bayou Oaks neighborhood.

Registration and Packet Pick-up Information: Pre-registration is available through March 22, 2010. Registration on race day will begin at 6:30am and will end at 7:30am.

Course Description: Flat and fast through neighborhoods, will be an open course on winding roads. Water stations will be at the turnaround and refreshments will be provided to all participants after the race.

Facilities: Port-a-Potties will be available

Awards: Awards will be given to top finishers in each age group

Additional Information: Please contact us with any questions: 228-604-2227, Run.n.tri@gmail.com

\$15.00 Pre-registration fee, \$20.00 Race day registration fee
Please make checks payable to: Annie Gundy

Mail Entry Form or drop off at:
Run-N-Tri Company
9138 Carl Legett Road, Suite D
Gulfport, MS 39503

PLEASE PRINT:

NAME: _____ AGE: _____ SEX: _____ PHONE: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP _____

EMAIL: _____

Check one: 5K _____ 1 Mile Fun Run _____ Donation Only _____

T-Shirt Size: Small _____ Medium _____ Large _____ X-Large _____ 2X-Large _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I, for myself, and anyone entitled to act on my behalf, waive and release the Run-N-Tri Company, City of Gulfport, and all sponsors, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event.

Signature (Parent's Signature if under 18)

Date