

Oak Grove High School Running Festival

A Pine Belt Pacers Grand Prix Event

5k Run and One Mile Fun Run

Saturday, August 21, 2010

7:30 a.m.

To be held at Oak Grove High School

Pre-register by mail before August 14, 2010. Race day registration begins at 6:30 a.m. in the OGHS weight room. Pre-registration for the 5k is \$18, race day \$25, and active Pine Belt Pacers \$15. One mile fun run is \$10. Group rates must be pre-registered by August 14, 2010 (please complete a registration form for each entrant)- 4= \$56, 5= \$65, 6= \$72, 7= \$77, 8+= \$10 per entrant. Race packets may be picked up starting at 6:30 a.m.

Awards:

Overall Male and Female winners in Open, Masters, and Grand Masters as well as 1st, 2nd, and 3rd in age groups;

Age Groups:

14 and under; 15-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70 and over.

Awards to all finishers in the Mile Run

Schedule:

7:30 a.m.	5k run starts
8:15 A.M.	1 mile Run Starts
8:45 A.M.	Awards
10:00 A.M.	2 Mile High School Cross Country Invitational

Detach and return entry below. Make checks payable to Oak Grove High School Track

Return to:	Name: _____	Age (as of 8/21/10): _____
Oak Grove Running Festival	Address: _____	Sex: _____
Attn: Robin Ryder	_____	Phone: _____
38 Pompano Dr.	Circle Race Entering: 5k 1 mile fun run	
Hattiesburg, MS 39402	Circle Shirt Size: S M L XL	

Waiver: In consideration of this entry acceptance, I hereby for myself, my heirs, executors and administrators, waive any and all rights and claims I may have against Oak Grove High School, The Lamar County School District, Pine Belt Pacers, and any individuals connected with the sponsoring of this race, and for any injuries, loss or death sustained by me. I am in good physical condition for this race.

Signature _____ Date _____
(If participant is under 18, parent or guardian must sign)