

# SOUTHERN MISS RECREATIONAL SPORTS **DASH & BASH** MUD RUN

## Sunday, April 2 - 5 p.m.

Come swim, trek, and crawl across campus at Southern Miss!

The race is open to all runners and walkers, including those persons with disabilities.

### THE DASH

300 yd. Swim

MUD

5K route across campus

MUD

Variety of obstacles

MUD

Slip & Slide finish line!

### THE BASH

Awards!

Live Music!

FREE Food!

Info Booths!

Good Times!

**\*\*Prize will be given for BEST COSTUME\*\***

## REGISTRATION

### Entry Fees:

#### Pre-Registration

Children, Students, Pine Belts Racers \$10

General \$15

#### Race-Day Registration (@ 1 p.m.)

Children, Students, Pine Belts Racers \$15

General \$20

### How to register:

Registration forms can be picked up at the Southern Miss Payne Center or printed out online at [www.usm.edu/recsports](http://www.usm.edu/recsports).

#### Payments to:

Southern Miss Recreational Sports Sales Office  
Monday - Friday, 8 a.m. - 7 p.m.

**Mail to:** Southern Miss Recreational Sports  
c/o Dash & Bash  
118 College Dr. #5155, Hattiesburg, MS 39406

### Race Categories:

age 13 and under

ages 14 - 19

ages 20 - 29

ages 30 - 39

ages 40 - 49

ages 50 - 59

ages 60 and over

### For More Information, Contact:

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