



5K RUN/WALK 1Mile Fun Run Net proceeds to benefit The American Heart Association

DATE: November 5, 2011
TIME: 8:00 A.M.
COURSE: Friendship Park, Columbia, MS
Early Entry Fee: \$20/ Day of Race: \$25 No Guarantee of T-Shirt Day of Race

But those who trust in the LORD will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint. Isaiah 40:31

Return entry form to: Da	sh for l	Doc, 14	01 Chui	rch Stree	t, Columbia, M	IS 39429
(Make Checks Payable to Dash for	or Doc 5	K or mak	e payme	nt on Payp	oal to dash4doc5k	@yahoo.com)
T-shirt size: (circle one)	S	Μ	L	XL	2XL	
Name:						
Age on race day:				der:		
Address:				ST:		
Zip: Phon	e:			_		
Email Address:						

I agree my participation in this event is without assumption of any kind of responsibility by the sponsors, officials, and assistants. I release all of the above from any claim for any injury I may sustain or suffer in connection with this road race. I attest that I am physically fit and sufficiently trained for the completion of this event. I will allow my picture and comments to be used in telecast, publications, and related news as a result of this event.

Signature_

(Parent/Guardian must sign for participant under 18 years old)