



1st Annual Forrest General



Benefit 5K for Heart Walk

Saturday, September 10 • 7a.m.

Race Begins at Longleaf Trace - USM Station

Entrance fee: \$25

T-shirt provided for all those who pre-register along with Road ID bags.
All race proceeds will go toward Heart Walk fund raiser.

Please contact Michael Collins at mcollins@forrestgeneral.com
or 601-288-3180 for scheduling and questions.

We C.A.R.E.

 **ForrestGeneral**
HOSPITAL



My Heart. My Life.™
Forrest/Lamar

Heart Walk.®

Return entry form to Forrest General Hospital c/o Michael Collins, P.O. Box 16389, Hattiesburg, MS 39404-6389. Make Checks Payable to Forrest General.

T-shirt size: (circle one) Youth XS Youth S Youth M Youth L Youth XL

Adult S Adult M Adult L Adult XL Adult 2XL Adult 3XL Adult 4XL Adult 5XL

Name _____ Age on race day: _____ Sex: _____

Address _____ City _____ ST _____ Zip _____

Phone _____ Email Address _____

I agree my participation in this event is without assumption of any kind of responsibility by the sponsors, officials, and assistants. I release all of the above from any claim for any injury I may sustain or suffer in connection with this road race. I attest that I am physically fit and sufficiently trained for the completion of this event. I will allow my picture and comments to be used in telecast, publications, and related news as a result of this event.

Signature _____

(Parent/Guardian must sign for participant under 18 years old)