



# Longleaf Trace Birthday Challenge

**"A Celebration of Life and Fitness"**

**Longleaf Trace Park, Prentiss, MS, Saturday, November 5, 2011**

**A Jefferson Davis County Chamber of Commerce Event**



**DISTANCES:** Saturday, November 5, 2011, starting and finishing in Prentiss, MS. The challenge is to run, walk, bike, roller blade or wheelchair your age in kilometers on the Longleaf Trace beginning at 6:00 am. The starting and finishing line is in the Longleaf Trace Park near Columbia Avenue in Prentiss and registration will also be available at the Gateway Park in Hattiesburg on the University of Southern MS campus. The entire Trace will be supported. The course is marked in kilometers. Half marathon is marked for entrants desiring to complete the marathon distance. The course is out and back. Forty-two kilometers is just past Sumrall, provided you start in Prentiss. Aid stations will be provided at approximately three-mile intervals; fluids available at all stations, food at alternate stations. Eight restrooms are available on the course. Official start time to begin your challenge will be at 6:00 am and will stop at 3:00 pm. Launch time for mass start will be at 9:00 am from Prentiss. All participants are asked to finish your "challenge distance" no later than 3:30 pm. Food will be available in the Longleaf Track Park at Prentiss.

**COURSE DESCRIPTION:** The Longleaf Trace is a paved "Rails to Trails" running from Prentiss, MS to Hattiesburg, MS. It meanders through beautiful forests, crosses live streams, passes scenic small lakes, and passes through small towns. Hattiesburg and back is 129.60 kilometers (80.60 miles). Longleaf Trace mileage charts and conversion table for your age will be provided the day of the challenge.

**ENTRY FEES AND AWARDS:** Registration is required before you can start the challenge. There is no entry fee. However, **donations are welcomed** and encouraged to aid in the offsetting event costs. The challenge is for the individual – just you, your age, and the course. It is encouraged that you pre-register. There will be birthday cake for all participants. Bring your lawn chairs and enjoy the fun. Participants that complete their challenge will receive an award. **Door prizes will be awarded and individual must be present to win.**

**RACE INFORMATION:** Longleaf Trace Birthday Challenge, P. O. Box 1797, Prentiss, MS 39474-1797; telephone (601) 792-5142; fax (601) 792-5190; email [jeffdaviscountychamberofcommerce@yahoo.com](mailto:jeffdaviscountychamberofcommerce@yahoo.com) ; **MOTELS:** Western Motel – (601) 792-2051; Jeffersonian Inn – (601) 792-4298; **CAMPING:** Jeff Davis Lake – (601) 792-4674 or (601) 792-8225; 4K Stables: Bassfield – (601) 943-5003.

## REGISTRATION FORM

Complete and mail to:

P.O. Box 1797, Prentiss, MS 39474-1797

Name: \_\_\_\_\_ Sex: \_\_\_\_\_ Age: \_\_\_\_\_

Street/P.O. Box: \_\_\_\_\_

City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Circle One:    \*Bicycler            \*Roller Balder            Runner            Walker            Wheel Chair

**WAIVER:** In consideration of the acceptance of my registration, I, for myself, my executors, administrators and assignees do hereby release and discharge the Longleaf Trace and all others from all claims of this athletic event. I attest and verify that I have full knowledge of the risks involved in this event, and I am physically fit and sufficiently trained to participate in this event:

Signature: \_\_\_\_\_ **\*Bikers and Bladers must wear helmets**  
Participant

Signature: \_\_\_\_\_ **\*\*Under 18 requires a parent's signature**  
Parent