

MISSISSIPPI COAST MARATHON

- ALSO HALF MARATHON • 5 K
- HALF MARATHON & 5 K RACEWALK
- MARATHON WHEELCHAIR

DATE Thanksgiving Weekend
Saturday, November 26, 2011

TIME 8 a.m. start for all races

THE COURSE – The Stennis Space Center offers runners a beautiful, picturesque 26.2 mile run around the perimeter of the Space Center. Run on paved roads, through the lovely wooded areas where wildlife sightings are frequent. The course is flat, fast, and PR friendly, with usual temperatures in the upper 50's at the start and lower 70's by the finish.

Course services include Stennis Running Club aid stations approximately every 2 miles. (Kentwood Springs Water, Gatorade, bananas, and hard candy).
Mile markers & directional signs plainly visible. Medical staff supplied by AMR. Communications at each aid station.

This event is sanctioned by both Road Runners Club of America and U.S.A.T.F. All 3 courses are TAC certified. Marathon is a Boston Marathon Qualifier. *No walkers in the marathon, please.* (6 hr time limit) (18 years of age min.)

REGISTRATION – Complete entry form and mail by November 21, 2011. Make checks payable to GCRC. Pick up race packets Friday, November 25 at the Mississippi Welcome Center from 5-8 p.m. or the Stennis Cypress House Saturday morning, from 6:30 to 7:45 a.m. Day of race registration also available until 7:45 a.m.

SECURITY – Allow for extra time entering Main security gate on race morning. Have ID & proof of insurance ready.

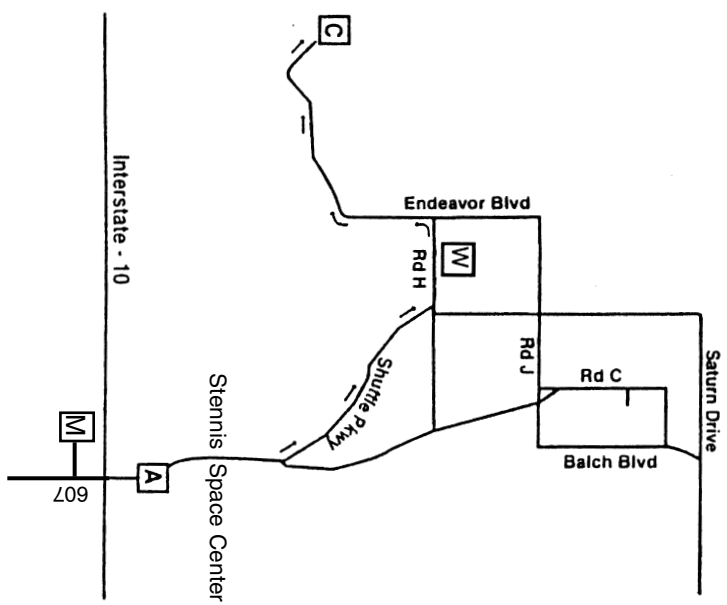
FEES: MARATHON (18 years of age min.)
\$33 GCRC Members-mail

5K RACE
\$15 Pre-entry thru Nov. 21
\$20 Late Nov. 22 Race day
\$10 Children under 13

HALF MARATHON
\$23 GCRC Members-mail
Race Director (Leonard)
(228) 380-7037

\$25 Pre-entry thru Nov. 21
\$30 Late Nov. 22 Race day
Stennis Wellness Center
(228) 688-3950

PRE-RACE PACKET PICK UP/REGISTRATION
available from 5-8 p.m. Friday, November 25 at the Mississippi Welcome Center (Hancock County) located on the corner of I-10 and Hwy. 607.



- MS - MISSISSIPPI WELCOME CENTER
- W - WELLNESS CENTER
- A - MAIN GATE - Then follow signs.
- C - CYPRESS HOUSE - SATURDAY MORNING
- TRAVEL - Nearest airport is Gulfport, MS (30 minute drive to Stennis)

SHIRTS – Colorful long-sleeved tee shirts to all participants.

AWARDS –
• Custom plaques: Overall, Master, Grandmaster, & Seniors winners in all (3) races (male & female)
• Wheelchair Marathon: Custom plaques to top three finishers.
• Handsome, custom designed medallion to all marathon finishers.

AGE GROUP AWARDS – All races will be awarded male & female three deep. Over 18 for marathon.
12 years & under 45-49 years
13-18 years 50-54 years
19-24 years 55-59 years
25-29 years 60 & over F
30-34 years 60-64 M
35-39 years 65-69 M
70 & Over M

ALSO, the 1st (3) race walkers in the Half Marathon and 5K. (Male & Female)

AWARDS PRESENTATION immediately after each individual race: 5K - 8:45, Half Marathon 10:30, Marathon - 1 p.m.

RACE RESULTS - The complete race results for all three races will be posted on our website within 24 hours. www.gulfcoastrunningclub.org

POST RACE REFRESHMENT: All participants will be served delicious chicken and sausage jambalaya along with cold beer, soft drinks, sports drink and fruit.

- ACCOMMODATIONS** -
- Coast Inn (Waveland) 228-467-8334
 - Comfort Inn (Diamondhead) 228-586-0210
 - Diamondhead Resort Hotel 228-255-1300
 - Hollywood Casino (Bay St. Louis) 228-467-9257
 - Hampton Inn (Slidell) 985-726-9777
 - Days Inn (Slidell) 985-641-3450
 - La Quinta (Slidell) 985-643-9770
 - Best Value Inn & Suites (Slidell) 985-726-5100
 - Best Western Slidell Inn 985-781-5655
 - Holiday Inn Hotel/Suites (Slidell) 985-639-0890
 - Comfort Inn (Slidell) 985-641-4147
 - Motel 6 (Slidell) 985-649-7925
 - Guest Lodge Motel (Slidell) 985-641-2153

* All hotels listed are within 15 miles of the race site.

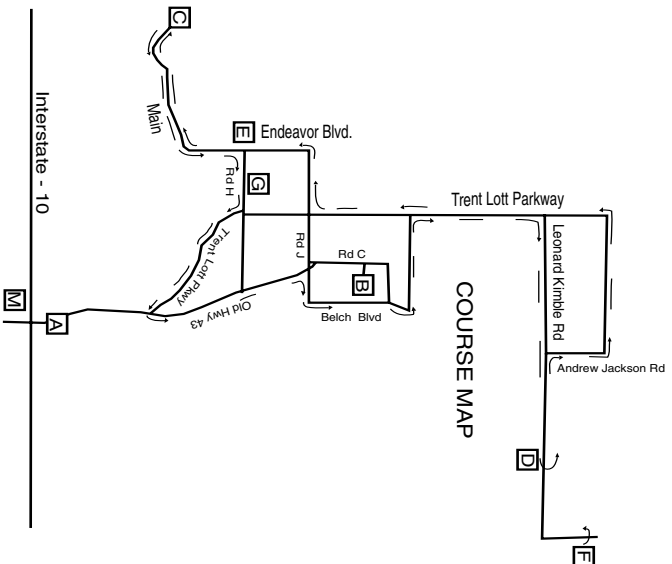
MISSISSIPPI COAST MARATHON Saturday, November 26, 2011		Race Number	
CHECK RACE <input type="checkbox"/> Marathon <input type="checkbox"/> Half-Marathon <input type="checkbox"/> Half Marathon Race Walk <input type="checkbox"/> 5K <input type="checkbox"/> 5K Race Walk <input type="checkbox"/> Wheelchair (marathon) (Check Distance)		Mail with check to: Gulf Coast Running Club P. O. Drawer 3569 Gulfport, MS 39505	
I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Gulf Coast Running Club, Inc., the Stennis Space Center, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recording or any other record of this event for any legitimate purpose.			
Last Name		First Name	
Race Day Age		Date of Birth	
Mailing Address		Sex (Circle) M F	
City		State	
Zip Code		Phone	
Shirts: SMALL MEDIUM LARGE X-LARGE X X-LARGE		Circle One	
Signature _____ (Parent or Guardian if under 18)		Date: _____	
ENTRY MUST BE SIGNED			



Gulf Coast Running Club

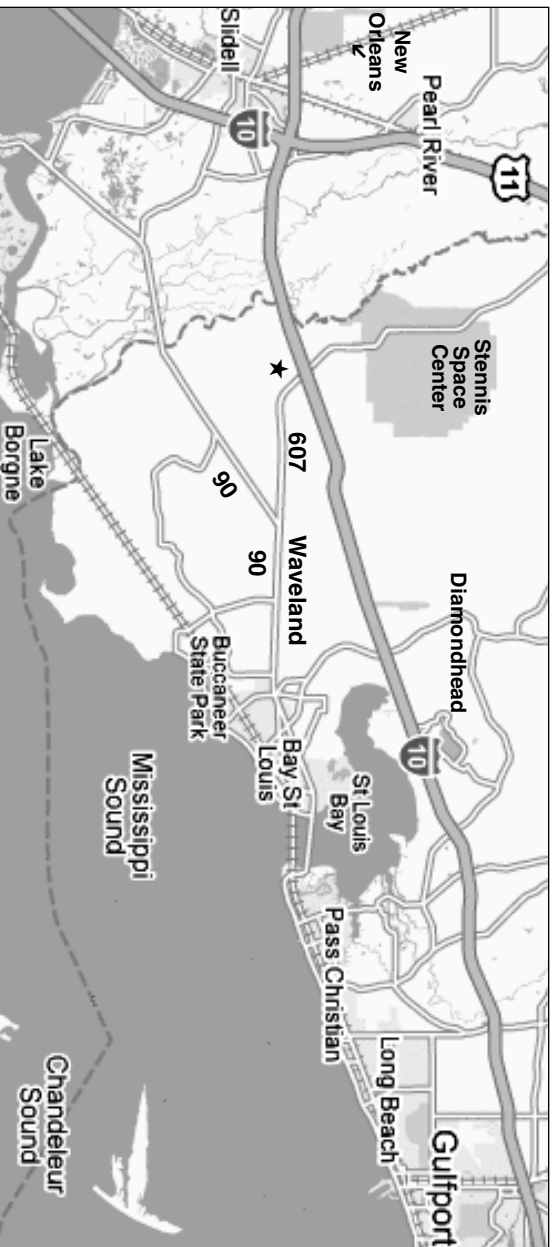


John C. Stennis Space Center

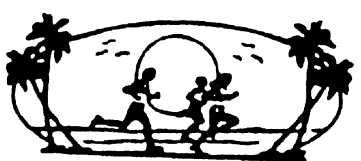


★ Mississippi Welcome Center (Hancock County)
Friday evening package pickup site

- A) MAIN GATE
(2 miles N of I-10)
- B) STENNIS CAFETERIA
- C) CYPRESS HOUSE
(Start/Finish & Saturday Late Registration)
- D) 1ST TURNAROUND
(Both Marathon & 1/2 Marathon)
- E) MARATHON
(Turn left)
1/2 MARATHON
(Go straight)
- F) 2ND TURNAROUND
(Marathon)
- G) WELLNESS CENTER
(Showers After Race)
- M) MS WELCOME CENTER



Non-Profit Organization
U.S. Postage
PAID
Gulfport, MS
Permit No. 142



Gulf Coast Running Club
P.O. Drawer 3569
Gulfport, Mississippi 39505

21st ANNUAL MS GULF COAST MARATHON STENNIS SPACE CENTER

STENNIS SPACE CENTER November 26, 2011

www.GulfCoastRunningClub.org