

OAK GROVE HIGH SCHOOL RUNNING FESTIVAL

5k Run and One Mile Fun Run
A Pine Belt Pacers Grand Prix Event
Saturday, August 20, 2011
7:30 a.m.

To be held at Oak Grove High School

Pre-register by mail before August 13, 2011. Race day registration begins at 6:30 a.m. in the OGHS weight room. Pre-registration for the 5k is \$16, race day \$25, and active Pine Belt Pacers \$15. One mile fun run is \$10. Race packets may be picked up starting at 6:30 a.m. the day of the event.

Group Rates: 4 for 52\$, 5 for 60\$, 6 for 66\$, 7 for 70\$, 8+ call 601 606 1966
Awards:

Overall Male and Female winners in Open, Masters, and Grand Masters.

1st, 2nd, and 3rd in Age Groups:

< 14; 15-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70 <.

Ribbons to all finishers in the Mile Run

SCHEDULE:

7:30 A.M. 5K RUN STARTS ON THE OGHS FOOTBALL FIELD
8:15 A.M. 1 MILE RUN STARTS ON THE OGHS FOOTBALL FIELD
8:45 A.M. AWARDS
10:00 A.M. 2 MILE HIGH SCHOOL CROSS COUNTRY INVITATIONAL

Detach and return entry below and make your checks payable to: Oak Grove High School Track

Return to: Name: _____ Age: _____
Oak Grove Running Festival Sex: _____
Attn: Robin Ryder Phone: _____
38 Pompano Dr. Circle Race Entering: 5k 1 mile fun run
Hattiesburg, MS 39402 Circle Shirt Size: S M L XL

Waiver: In consideration of this entry acceptance, I hereby for myself, my heirs, executors and administrators, waive any and all rights and claims I may have against Oak Grove High School, The Lamar County School District, Pine Belt Pacers, PowerBar® and any individuals connected with the sponsoring of this race, and for any injuries, loss or death sustained by me. I am in good physical condition for this race.

Signature _____ Date _____
(If participant is under 18, parent or guardian must sign)