

Come support the Heart Walk by Running in Red at Southern Miss!
Wearing Red clothing is encouraged but all are welcome.

Date: Friday, September 23, 2011 Course: 5K route on
Registration: Pre-Registration (ends Sept. 9) USM Campus
Children, students, Pine Belt Pacers: \$10
General: \$12
Race Day Registration
Children, students, Pine Belt Pacers: \$12
General: \$15
Race Location: USM Pride Field
Check-in: Check in starts at 5:30 PM, Run starts at 6:30 PM
Prizes: Overall Male and Female for each category
Race Categories: Male and Female, age groups 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+
After the Race: Join us at Old Athens Grill for refreshments and good times.
For more information, please contact Jennifer Davis at 601.266.5405

Running in Red at Southern Miss Entry Form
(Please complete and submit a separate entry form for each person)

Pre-Registration (ends Sept. 9) Race Day Registration
___ \$10 - Children, students, Pine Belt Pacers ___ \$12 – Children, Students, Pine Belt Pacers
___ \$12 – General ___ \$15 – General
Category: ___ Male ___ 13-19 ___ 20-29 ___ 30-39 ___ 40-49
___ Female ___ 50-59 ___ 60-69 ___ 70+
Shirt Size: ___ Small ___ Medium ___ Large ___ XLarge
Name: _____
Address: _____
City, State, Zip: _____
Phone: _____
E-Mail: _____

Assumption of Risk: Anyone who participates in Recreational Sports (RecSports) activities will be doing so at his or her own risk. Rec Sports and The University of Southern Mississippi are not liable for any accident, injury, loss, or damage to personal property suffered by a participant while in facilities managed by Rec Sports or participating in any Rec Sports activity. Rec Sports and the university do not carry any insurance program to cover participants. Participation in Rec Sports activities is on a voluntary basis. All participants are strongly encouraged to undergo a health evaluation and consult with their personal physicians indicating fitness level appropriateness for strenuous activity prior to participating in any Rec Sports activity.

I have read the above and understand the risks involved. By signing this waiver/release form, I am relinquishing Southern Miss Rec Sports from any liability thereof.

Signature: _____ Date: _____
Signature of Parent (if under 18): _____ Date: _____