

RUN WITH THE "FOG"

7TH ANNUAL 5K - 1 MILE FUN RUN/WALK

The race will begin at **8:00 a.m., Saturday, March 31st**, at the **Lion's Club Park**, on Hwy. 42, Sumrall, MS. (behind Keith's Super Store) The race is sponsored by **First Baptist Church, Sumrall, Student Ministry.**

All proceeds will go toward the cost of Summer Camp.

Name: _____

Address: _____

Home #: _____ Cell #: _____

5K _____ 1 Mile _____

Age _____ (Circle) Male/Female

T-Shirt Size: S M L XL XXL (Circle)

***Official race T-Shirts will be guaranteed to all pre-registered runners/walkers and can be picked up the day of the race.**

Entry Fees:

Pre-registration \$15

Pine Belt Pacers \$12

*Due March 17th

Make Checks Payable to: FBC Sumrall

Day of Race \$20

MAIL TO:

Richie or Anita Sumrall

1136 Hwy 44

Sumrall, MS 39482

601-758-3367

Assumption of Risk: Anyone who participates in First Baptist Church, Sumrall's "Run with the Fog" will be doing so at his or her own risk. First Baptist Church, Sumrall and the Student Ministry are not liable for any accidents, injury, loss or damages to persons or personal property suffered by a participant while participating in the run/walk. All participants are encouraged to undergo a health evaluation and consult with their personal physician indicating fitness level appropriateness for strenuous activity prior to participating in this run/walk.

By my signature below, I am acknowledging that I have read this waiver/release form and I am relinquishing First Baptist Church, Sumrall and the Student Ministry from any liability thereof.

Signature: _____

Date: _____

Printed Name: _____

Signature of Parent (if under 18) _____