

Flower Power 2nd Annual 5K Run/Walk and 1 Mile Fun Run

Bring the kids to play
in our Bouncy House
from
Southern Bounce!



Saturday, November 3, 2012
9:00 AM
Flowood YMCA, Flowood, MS

RACE INFORMATION

Awards

Overall Top Male and Female and Masters Grandmasters

5K Run- 1st, 2nd, 3rd place finishers for following age groups.*

10 & Under 11-14, 15-19, 20-29, 30-39, 40-49, 50-59 60-69, 70+

5K Walk-

10 & Under 11-14, 15-19, 20-29, 30-39, 40-49, 50-59 6-69, 70+

1 Mile Fun Run- Youth: Overall Male and Female

Top Three in age groups: 6 & under 7-9, 10-12, 13-15,

Top Two Male & Female. (16 & older)

Door prizes will be awarded prior to race results.

1 water station provided on course and at finish with-water/ Gatorade sponsored by Sinky Feet Athletics

Fee Structure and Deadlines:

Pre-registration through Oct. 28- Late registration, through Nov.2 and @Stinky Feet Athletics and Day of race.

***5K Run/ Walk Pre-registration- \$20
Late registration—\$25**

***1 Mile fun run Early- \$5
Late registration- \$10**

***Family Rate Early- \$50
Late registration- \$60
(5 max -Immediate family only)**

You may register online at www.active.com or through a link on MS Race Timing, LLC or:

Circle one :

5K Run 5K Walk 1 Mile Fun Run

Male Female

Please print legibly in large lettering!

Name _____

Address _____

City _____

State, Zip _____

Day Phone _____

Age _____ Birth date: mo/day/yr _____

Email _____

Please make checks payable to:

Camellia Ministries

PO Box 1267

Hattiesburg, MS 39403

Shirt size?

Please circle : **Small Medium Large X -Large**

***Shirts guaranteed for first 200 registered**

I hereby certified that I am adequately trained and fit to participate in this race. In consideration of the acceptance of this entry, I, the undersigned, for myself, my personal representatives, beneficiaries, and heirs knowingly waive, release and forever discharge and all rights and claims against Camellia Home Health and Hospice and the race directors and other sponsors of this race for any and all injuries or death suffered by me in this event. I knowingly assume all risks involved in this event.

Signature (Parent or guardian required if under 18)

Special thanks to all our great sponsors!

Platinum

Camellia Home Health and Hospice

Stinky Feet

First Choice Medical Supply

Newks

Gold

Magnolia's Catering

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Buddy Medlin & Associates

Skin Sake Athletic Ointment

Calyx Medical

Community Medical Supply

Home Instead Senior Care

Health Partners Family Medicine

Home Town Medical

Silver

Camellia RX

Rods Racers

Southern Bounce

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