

# 5K GLITTER BENEFIT FOR CARRIE

Bedazzle yourself in honor of the girl who dazzled us all!  
Glitter, rhinestones, and tutus, oh my! Let's sparkle on  
Saturday, November 23, for our star:

## Carrie Hayes Valentine

### Starting Information

Registration will begin at 7:00 AM at the JCJC Advanced Technology Building (which is located at Howard Tech Park).  
The race will begin at 8:00 AM on Saturday, November 23, 2013. .

### Pre-registration Information:

Make all donations and checks payable to: Carrie Hayes Valentine

Mail entry form to: Attention: Ashley Flowers Cognevich ★ PO BOX 522 ★ Ellisville, MS 39437

Deadline for Pre-registration: Friday, November 8th to be guaranteed a t-shirt

### Fees:

5K Run/Walk \$25 per participant pre--registered (\$30 day of race or after November 8th)

1 mile Fun Run \$10 per participant pre-registered

\*\*\*Only pre-registered participants will be guaranteed a t-shirt\*\*\*

100% of proceeds will go to Carrie Hayes Valentine

Facebook: 5k Glitter Benefit for Carrie Hayes Valentine—Invite friends

Questions or Concerns: Ashley Flowers Cognevich 601.580.3960 or Devon Malone Sellers at devandbrian@hotmail.com

Name: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_

DOB \_\_\_/\_\_\_/\_\_\_ Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Sex (circle one) Male or Female E-mail address: \_\_\_\_\_

T-shirt size (circle one) YS, YM, YL, YXL, AS, AM, AL, A XL, AXXL

Event (circle one) 5k Run 5k Walk 1 Mile Fun Mile

### Waiver

In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or accident which may occur while I am traveling to or from this event, during the event, or while I am on the premises of the event. I am also aware of and assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, effect of weather, traffic, and conditions of the road. I, for myself and heirs and executors, hereby waive, release and forever discharge the event organizers, sponsors, promoters, and each of their agents, representatives, successors and assigns and all other persons associated with the event, for all my liabilities, claims, actions, or damages that I may have against them arising out of or in any way connected with my participation in this event. I understand that this waiver includes any claims, whether caused by negligence, the action or inaction of any of the above parties, or otherwise. I understand that the entry fee is non-refundable and non-transferable. I hereby grant full permission to any and all of the above parties to use any photographs, videotapes, motion pictures, web site images, recordings or any other record of this event.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

Parent, guardian must sign for participant under age of 18

Registration Fee: \$ \_\_\_\_\_ Donation Fee: \$ \_\_\_\_\_ Total Enclosed: \$ \_\_\_\_\_