

1st Annual 5k Run/Walk



PAST PRESENT FUTURE

Location: The Gateway at Hattiesburg Longleaf Trace ,USM

Date: Saturday, September 14, 2013

Time: 7:30 am, Registration and bag pick up starts at 600 am

5K Course: Longleaf Gateway to the turn point for 5K and back, 1mile devil puppy (kid)fun run

Awards: All registered participants receive an award ,door prizes ,certificates for overall Males and Female

Ages: All ages may participate. Children must be accompanied by adult

T-shirts: T- shirts are guaranteed to those entries pre-registered.

Activities: Marine Pull-Up Challenge

Refreshments: Oranges, Bananas, Apples & Water

Cost: \$25.00 a person

Military Discounts \$10.00 (ID required)

Team Soccer locker, Pine Belt Pacers and Runners High, Students (must have ID) \$15.00

Families of 5 \$60.00, Kids \$5.00

Benefiting: Marine Corps League , **LIKE US ON FACEBOOK 1ST MARINE CORPS LEAGUE 5K RUN/WALK 1 MILE FUN RUN TO GET UPDATES ON SPONSORS, MEDALS AND DOOR PRIZES**

Name: _____ **Age:** _____

Address: _____ **Phone:** _____

City/state/zip: _____ **male or female (circle one)**

T-Shirt size: S M L XL **youth shirts:** XS S M L

Email:

RUNNER MUST COMPLETE THE WAIVER AND RELEASE STATEMENT

IN CONSIDERATION OF THE ACCEPTANCE OF THE ENTRY AND REGISTRATION AS A PARTICIPANT IN THE MARINE LEAGUE 5K. I DO HEREBY WAVE ANY AND ALL RIGHTS AND CLAIMS WHICH I, FOR MYSELF AND MY HEIRS, EXECUTERS, ADMINISTRATORS AND PERSONAL REPRESENTATIVES MAY NOW OR HERINAFTER HAVE AGAINST AND DO HEREBY RELEASE MARINE LEAGUE, ITS MEMBERS, VOLUNTEERS, AND OTHER SPONSORS OF THE MARINE LEAGUE FIRST ANNUAL 5K FOR ANY AND ALL INJURIES, ILLNESSES, LOSSES OR DEATH SUFFERED BY ME RESULTING EITHER DIRECTLY OR INDIRECTLY FROM MY PARTICIPATION IN THIS RACE. I FULLY UNDERSTAND THAT MY PARTICIPATION IN THIS EVENT IS COMPLETELY A VOLUNTARY UNDERTAKING AND THAT I ASSUME ALL RISKS ASSOCIATED WITH MY PARTICIPATION INCLUDING , BUT NOT LIMITED TO , FALLS, CONTACT WITH OTHER PARTICIPANTS, EFFECTS OF THE WEATHER, TRAFFIC AND THE CONDITIONS OF THE COURSE . I HEREBY CERTIFY THAT I AM ADEQUATELY FIT AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN THIS EVENT AND I AM NOT PARTICIPATING IN THIS AGAINST THE ADVICE OF A PHYSICIAN NOR AM I TAKING MEDICATIONS WHICH WOULD IMPAIR MY HEALTH OR ABILITY TO PARTICIPATE IN THIS EVENT. I HEREBY AUTHORIZE THE USE OF MY NAME AND ANY PHOTOGRAPHS, VIDEOTAPES AND OTHER RECORD OF MY PARTICIPATION IN THIS EVENT FOR ANY LEGITIMATE PURPOSE BY MARINE LEAGUE. I ACKNOWLEDGE THAT I HAVE READ AND FULLY UNDERSTAND THE ABOVE AND ASSUME COMPLETE RESPONSIBILITY FOR ALL RISK ASSOCIATED WITH PARTICIPATION IN THE 1ST ANNUAL 5K MARINE LEAGUE PAST PRESENT FUTURE RACE.

SIGNATURE: _____ **DATE:** _____

(17 under must have parental consent and must be accompanied by adult)

Parental signature _____ date _____

Please send your registrations to the running clubs above make Checks out to the Marine Corps League or

Send to Marine Corps League in the care of Zhanna Nash 155 Cross Creek Pkway. Apt #836 Hattiesburg, MS. 39402

Like us on FACEBOOK at 1st Annual Marine Corps League 5K Run/Walk 1mile fun run for updates, sponsors and previews

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