

PICAYUNE'S PINEY WOODS 5K RUN/WALK & 1 MILE FUN RUN

Saturday, October 19, 2013

7 a.m. Registration/Packet Pick-up
8 a.m. - 1 Mile Fun Run/Walk
8:30 a.m. - 5K Run/Walk

LOCATION

Senior Center of South Pearl River County
45 El Patch Pkwy, Picayune, MS 39466
601-798-9892 or email da.thecenter@gmail.com
Take I-59 to Exit 4; located behind WalMart

COURSE

Accurately measured.
Flat, fast, paved, winding, tree lined road.

5K COURSE

Start / Finish at The Senior Center

- 1) Begin on El Patch Pkwy
- 2) Left onto Ridge/Frontage Rd.
- 3) Left onto Runway Dr. & U-turn
- 4) Right onto Ridge/Frontage Rd.
- 5) Right to El Patch Pkwy.

ENTRY FEES

Pre-registration: \$20 or Day of Race: \$25
All 5K Participants (and 13+ in 1 Mile Fun Run)
Includes a T-Shirt to first 100 registrants

CHILD'S 1-MILE ENTRY FEE

1 Mile Run/Walk for ages 12 & under - \$5.00
Discounted fee does not include a T-Shirt.

5K CASH AWARDS

1st Place Male and Female - \$100 each
2nd Place Male and Female - \$50 each

5K MEDALLION AWARDS

First 2 Overall Winners for Male & Female
First Place Male/Female in each age category

AGE DIVISIONS

Male and Female

12 and under

13 - 18	45 - 49
19 - 24	50 - 54
25 - 29	55 - 59
30 - 34	60 - 64
35 - 39	65 - 69
40 - 44	70 and over

1 MILE FUN RUN AWARDS

Medallions to Overall Male and Overall Female
Ribbon given to each 1 Mile Finisher

5K TEAM AWARDS

Three (3) members per team. Prizes to each winner.
Lowest total team score determines 1st & 2nd Place.
(Team members are also eligible for individual awards.)

-----Complete and return bottom half with registration fee-----



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Checks payable to: **The Senior Center**, 45 El Patch Pkwy, Picayune, MS 39466
Open 9 - 3, Monday - Friday; 601-798-9892

Name _____ Sex _____ Age on Race Day _____

Address _____

Email Address _____ Phone # _____ T-shirt Size _____

Are you also entering as **part of a team**? If yes, state team name and/or business: _____

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official to my ability to safely complete the run. I assume all the risks associated with running in this event including but not limited to falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf waive and release the Senior Center of South Pearl River County, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event. I grant permission to all of the foregoing to use any photographs, motion picture recordings or any other record of this event for any legitimate purpose.

Signature (Parent or Guardian if under 18)

Date

Pre-registering by Mail? Must be postmarked no later than October 10, 2013
All proceeds to benefit the Senior Center of South Pearl River County