

The 3rd *Heritage RUN FOR HUNGER 5k*

and Kids Fun Run

December 14, 2013—belleGrass neighborhood

Time and Location

The Heritage Run for Hunger 5k begins at 8:30 a.m. Race day registration begins at 7:15 a.m. and closes at 8:15 a.m. The race will be held in the belleGrass neighborhood located just west of Hattiesburg in Bellevue. The race will begin and end at the recreational complex area of the neighborhood.

Directions— From Hattiesburg, proceed west down US Highway 98 toward Columbia to the Highway 589 intersection. Turn left, then continue 2 miles to the belleGrass entrance. Proceed down belleGrass Boulevard to the back of the neighborhood at the recreational complex area.

All proceeds from the Heritage Run For Hunger 5k will go to feed the hungry. We can provide 10,000 meals for \$2,500. Last year we helped feed 20,000 people. Join us in the spirit of Christmas giving — DONATIONS GLADLY ACCEPTED.

Questions? Call 601-261-3371

Registration

- **Early Registration:**
\$20, if postmarked before December 1; **Family/Group discount** \$3.⁰⁰ per registrant — Must mail registrations together — Discount only available for early registration)
- **Online Registration** \$22 until December 1. www.Heritage-umc.org
Follow prompts to race registration.
- **Late Registration:**
\$25—December 1 to December 8. If we run out of shirts, price reduced to \$15.00.
- Checks payable to Heritage UMC. Mail with Entry Form to:
Heritage UMC—Run for Hunger
3 Baracuda Drive Hattiesburg, MS 39402

Awards

Long sleeve T-shirts to pre-registered entrants.
Race day registrants will receive shirts as available.

Running Awards:

Male & Female in each Category:

- Overall 1st and 2nd
- Masters/Grand Masters 1st and 2nd
- Each Age Group 1st and 2nd

Age Groups: 0-10, 11-19, 20-29, 30-39, 40-49, 50-59, 60+

Additional prizes and awards:

- **Best Christmas Spirit race costumes**
- **Great Door prizes!**

Comments from runners: "A fun, well done 5K!" - "We had a blast!" - "My favorite race this year." - "Loved the coffee!"

Heritage Run for Hunger 5k OFFICIAL ENTRY FORM

Dec. 14, 2013. 8:30 am. belleGrass Neighborhood

FIRST Name: _____ LAST name: _____

Address: _____ City/State/ZIP: _____

Sex: Male Female Age: _____ Phone No.: _____

T-shirt Size (Please circle): Youth: M Adult: S M L XL XXL

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running this race including, but not limited to, falls, contact with other participants, the effects of the weather, the conditions of the road and traffic on the course, all such risks being appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my entry for racing, I, for myself, my child and anyone entitled to act on our behalf waive and release the right to sue Run For Hunger, Heritage United Methodist Church and its volunteers, belleGrass HCA and LLC, and all our sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation or my child's participation in this activity, even though the liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature

Date

Signature of Parent/Guardian if under 18 years of age

Date