



Purpose: To provide services to women and children who are victims of domestic violence

Where: City Park - Columbia, MS

When: Saturday, October 5, 2013

Time: 5K Run Race and Walk 8:00 a.m. (Race packets/Registration begins at 7 am)

Awards: Race awards -- Male/Female Overall: 1st, 2nd & 3rd (Male & Female for 6 age groups)

Course: 5K Run/Walk 3.1 miles through downtown Columbia.

Costs: Pre-registration: \$20.00 (by 9/28/13) Day of Race: \$25.00

Post- Race: Awards and refreshments immediately following the event

• T-Shirts will not be guaranteed on the day of the race

**Make checks payable to: WINGS

Mail Entries to: John E. Hales, 1409 Rowan Ave., Columbia, MS 39429

Registration Form		
Name (please print):		
Age on race day Ch	neck One: MaleFemale	
Address	City/State/Zip	
T-shirt size (circle one) S M L XL XXL		
In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or accident which may occur while I am traveling to or from the event, during the event, or while I am on the premises of the event. I am also aware of and assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, effect of weather, traffic and conditions of the road. I, for myself and heirs and executors, hereby waive, release and forever discharge the event organizers, sponsors, promoters, and each of their agents, representatives, successors and assigns, and all other persons associated with the event, for all my liabilities, claims, actions, or damages that I may have against them arising out of or in any way connected with my participation in this event. I understand that this waiver includes any claims, whether caused by negligence, the action or inaction of any of the above parties, or otherwise. I understand that the entry fee is non-refundable and non-transferable. I hereby grant full permission to any and all of the above parties to use any photographs, videotapes, motion pictures, web site image, recording or any other record of this event.		
Signature:		
(Parent if under 18 years of age)		
Daytime Phone:	Home Phone:	Amount Paid: