



JULY 19, 2014

THE EPLEY CHALLENGE DUATHLON & TIME TRIAL

2nd Annual TT & DU

Join Team HAMR & Hub City Velo for a fun morning of training and friendly competition. Choose your favorite event or challenge yourself to both, relays are welcome. This is a timed race; splits will be recorded for your personal knowledge.



2ND ANNUAL TIME TRIAL & DUATHLON

FUN, FAST,
GRASSROOTS EVENT

10 MILES OF
CHALLENGING ROADS
(SMOOTH BUT HILLY)

TIME TRIAL- 10MILES,
SEEDED BY ENTRY

DUATHLON-
1MILE/10MILE/1MILE
MASS START

BAKED GOODS
PRESENTED TO TOP MALE
& FEMALE IN EACH EVENT

FREE FOR ALL
PARTICIPANTS
(\$10 DONATIONS
ACCEPTED & DONATED TO
LOCAL XC/TRACK TEAM)

Location: Epley Station
Intersection of Epley Rd.
& Highway 589

Registration morning of
ONLY: 7:00-7:20 a.m.

TT starts: 7:30a.m.

Du will take place 15 min
after last TT-ist finishes,

For questions, contact
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