



MISSION AT THE CROSS

5K Run and 2 Mile Walk

Saturday, June 21, 2014 @ 8:00 am

The Mission At The Cross (www.missionatthecross.com) is a working Christian ministry that relies on volunteers, donations and fundraising to make housing, meals and clothing available to homeless men. Our purpose is to provide a safe, nourishing environment to men who have become homeless as a result of job loss, divorce or substance abuse.

Fees:

Pre-Registration: \$20 (postmarked by June 12th)
 Late registration during packet pick-up \$25 (June 20st 5–7 pm @ Mission)
 Race day registration: \$30
 Pine Belt Pacer Member: \$17 (pre-registered)

Race Timed by: Diva Timing - Audrey Jackson

Race Directed by: Dee Dee Lowery - 601-270-3434

**One week stay at Ramon’s Village
 in Belize & one week stay at San Carlos
 Condos in Gulf Shores plus many more
 Door Prizes including CASH!**

Mail Registration to: Mission At The Cross
 One Freedom Square Laurel, MS 39440-3367
 Attn: Dee Dee Lowery

AFTER RACE BREAKFAST BY WAFFLE HOUSE



www.ramons.com

Time & Place:

Race Day Registration at 7:00 a.m., 324 South Magnolia Street Laurel (Mission At The Cross)

Race Classes & Awards: All participants guaranteed a technical t-shirt if pre-registered by June 12th

5K Awards will be presented to the Overall, Master, and Grandmaster finishers in both male and female categories. 5K Run age group awards will be given to the top 3 male and female finishers:

0-13 14-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70+

Walk awards will be presented to the 1st overall male and female and the oldest and youngest walker (No running allowed in the walking event)

Race entered (please circle one): 2 Mile Walk 5K Run
 T-Shirt Size (please circle one): Y-S Y-M Y-L A-S A-M A-L A-XL A-XXL
 Name: _____ Age on Race Day: _____ Sex: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Phone: _____ Email address: _____

*I agree my participation in this event is without assumption of any kind of responsibility by the sponsors, officials and assistants. I release all of the above from any claim for any injury I may sustain or suffer in connection with this road race. I attest that I am physically fit and sufficiently trained for the completion of this event. I will allow my picture and comments to be used in telecast, publications, and related news as a result of this event. (Parent/Guardian must sign for participant under 18 years old):

Signature: _____