



# Running on Faith

5K and 1 mile Fun Run

All proceeds benefit outreach  
programs of  
St. John's Episcopal Church

**Saturday March 22, 2014**

St. John's Episcopal Day School

520 North 5th Avenue, Laurel, MS

7:15 a.m. Check In, 8:30 a.m. Start

Fun Run starts immediately following 5K

1st, 2nd, and 3rd place prizes will be awarded

Under 15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

All Fun Run participants will receive ribbons

Entry Fee \$25 for 5K & \$15 for Fun Run

Add \$5 after March 17th or day of race

T-shirts guaranteed to first 75 entries

To register online go to [www.stjohnslaurel.com](http://www.stjohnslaurel.com)

For more information contact Maranda @ [marandamcl@comcast.net](mailto:marandamcl@comcast.net) or 601-498-1138

**Running on Faith Entry Form**  
**St. John's Episcopal Church 5K & Fun Run**  
**March 22nd, 2014**

Name: \_\_\_\_\_ Age on race day \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact/Phone: \_\_\_\_\_

T-shirt size: \_\_\_\_\_

Fees: \$25 for 5K & \$15 for Fun Run      Amount paid: \_\_\_\_\_

Waiver: I acknowledge that running is a strenuous test of a person's physical and mental limits and there comes with it the potential for death and serious injury. I hereby assume the risks of participation in this race. I waive any and all claims for myself and heirs against officials or sponsors of the Running on Faith 5K and Fun Run for injury, illness, or death which may directly or indirectly result from my participation. I further state that I am in proper physical condition to participate in this event.

Signature \_\_\_\_\_ Date \_\_\_\_\_

*(Parent or Guardian if under 18)*

**Mail entry forms to: SJEC 1037 North 6th Laurel MS 39440**

For more information contact:

Maranda McLaughlin @ marandamcl@comcast.net or 601-498-1138

