



**MISSISSIPPI STATE CHAMPIONSHIP
5K Run and Walk
1 Mile Fun Run for Kids
Monday, September 1, 2008
Cloverleaf Mall – Food Court**



Benefiting Children with Muscular Dystrophy

Time :

5K Run and Walk begins at 7:30 a.m.

1 Mile Fun Run and Walk at 8:30 a.m.

Course:

Classic course through the Historic Oaks District.
Course Certified by USATF (MS06003DJR)

Awards:

➤ 5K Run awards will be presented to the Overall, Master & Grand Master finishers in both male and female categories. Then age group awards will be given to the first three male and female finishers:

0 – 13 14 -19 20 - 29 30 – 39 40 - 49
50 - 59 60 - 69 70+

➤ Top 3 Male and Top 3 Female Walkers will receive awards for the 5K walk.

➤ **“Technical Fabric” Shirts:** a \$25.00 value shirt !!!
As always, a plus for this race we provide a technical fabric tee-shirt for all the race entrants. They are only guaranteed on race day to those registered before August 25, 2008.

Entry Fees:

- Pre-registration postmarked by August 25, 2008:
 - \$20.00 all event categories
 - \$15.00 PBP Club Members
 - \$60.00 Families over 3 people

Day of Race registration:

- \$25.00 all event categories
- 1 Mile free without shirt, same as above with shirt.
- Additional information and on-line Entry Form available on club web site: <http://www.pinebeltpacers.org>

Registration:

- Mail completed registration before August 25, 2008; **or**
- Race day at Cloverleaf Mall beginning at 6:30 a. m.

Free Team Competition:

On race day, sign up for four member teams (at least one female) for some added fun. Awards to the top three teams. All registrants are eligible.

Post-Event Activities:

Refreshments and award ceremonies immediately after the event.

